**Recommended Items to Include in a Basic Ready Kit:**
- **Water** At least 3 gallons per person, for drinking and sanitation
- **Food** At least a 3-day supply of non-perishable food
- **Can opener** For food, if kit contains canned food
- **Radio** Battery-powered or hand crank NOAA Weather Radio with tone alert and extra batteries
- **Flashlight and extra batteries**
- **First aid kit**
- **Whistle** To signal for help
- **Face mask** To help filter contaminated air and plastic sheeting and duct tape to shelter in place
- **Moist towelettes, garbage bags and plastic ties** For personal sanitation
- **Wrench or pliers** To turn off utilities
- **Local maps**

**Additional Items to Consider Adding to a Ready Kit:**
- **Prescription medications and glasses**
- **Infant formula and diapers**
- **Pet food and extra water** For your pet
- **Important family documents** Such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- **Cash or traveler’s checks and change**
- **Emergency reference material** Such as a first aid book or information from Ready.gov
- **Sleeping bag or warm blanket** For each person. Consider adding bedding if you live in a cold-weather climate
- **Complete change of clothing** Include a long sleeved shirt, long pants and sturdy shoes. Consider adding clothing if you live in a cold-weather climate
- **Household chlorine bleach and medicine dropper**
- **Fire extinguisher**
- **Matches** In a waterproof container
- **Feminine supplies and personal hygiene items**
- **Mess kits, paper cups, plates, plastic utensils, paper towels**
- **Paper and pencil**
- **Books, games, puzzles or other activities for children**

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