

IN A DISASTER, YOU MAY NEED A HELPING HAND. BE READY.

Older Georgians can be particularly at risk in the wake of a disaster, so it is important to be prepared.



Be Informed About Disasters

Monitor news and weather, and identify the potential threats to your area. Make sure you have multiple ways to receive emergency alerts, and know the appropriate responses to disasters.



Make a Plan

Determine how you will evacuate your home, if needed, and where you will go. Select at least three people who can be your support network. They need to be able to check in on you during an emergency, and at least one should have a key to your home. Communicate your plan with them.



Build a Ready Kit

Be prepared to make it on your own for up to 72 hours following a disaster. In addition to food, water and other supplies, customize your Ready kit by including items commonly needed by seniors:

- One-week supply of all medications
- A list of prescription medicines, including dosage, treatment and allergy information
- Extra eyeglasses
- Hearing aids and batteries
- Wheelchair battery chargers
- Important documents: medical records, medical insurance and Medicare cards; wills and deeds; social security number; bank account information and tax records
- Names and contact information of your support network

Visit gema.georgia.gov/plan-prepare/ready-georgia

to create a customized emergency plan and learn more about preparing for disasters.

 Ready Georgia

